

Friday, May 17, 2024	Meadow	Dining Hall	Upper Jensen	Other
3:00 pm - 10:00 pm	Registration Open			Registration Area
4:00 pm - 6:00 pm	Pool Open			
4:30 pm - 5:50 pm	Session 1		Muay Thai Shihan Christopher Woo	
6:00 pm - 6:50 pm	Dinner	Dinner	Dinner	Dinner
7:00 pm - 8:20 pm	Session 2		Palo Palo GM Laura Armstrong	
8:30 pm - 9:00 pm	Campfire Orientation			Campfire Orientation
9:10 pm - 9:50 pm	Session 3		Qigong - Sound Bathing Master Angela Lee	
Saturday, May 18, 2024	Meadow	Dining Hall	Upper Jensen	Other
7:00 am - 8:00 am	Session 4	Taiji Prof. George Arrington	Strechng & KT Taping Shihan Tatiana Deeff	
8:00 am - 8:50am	Breakfast	Breakfast	Breakfast	Breakfast
8:50 am - 9:05 am	Instructor Introductions			Registration Area
9:10 am - 10:30 am	Session 5	Eskrima Sensei Selena Boggs	Escapes & Turn Overs Prof Denise Gonzales	
10:40 am - 12:00 pm	Session 6	Situational Awareness / Anti-Bulling Shihan Bob Cook	Sport Jujitsu Combinations Shihan John Del Vecchio	
12:05 pm - 12:55 pm	Lunch	Lunch	Lunch	Lunch
1:00 pm - 1:30 pm	Tribute	Tribute	Tribute	Tribute
1:40 pm - 3:00 pm	Session 7		Guns, Knives & the Law Prof. Tony Janovich	Qigong Master Angela Lee
3:10 pm - 4:30 pm	Session 8	Defend against being Locked or Choked Sr. GM Skip Hancock	Sutemi Sensei Ben Cansibog	
5:00 pm - 6:00 pm	Dinner	Dinner	Dinner	Dinner
6:00 pm - 8:00 pm	Pool Open			
6:30 pm - 8:00 pm	Session 9	Sticks & Knives GM Graciela Casillas	IMPACT GM Laura Armstrong	
8:15 pm - 9:00 pm	Campfire - Smore's			
9:10 pm - 9:50 pm	Session 10		Qigong - Sound Bathing Master Angela Lee	
Sunday, May 19, 2024	Meadow	Dining Hall	Upper Jensen	Other
7:00 am - 8:00 am	Session 11	Taiji Prof. George Arrington	Strechng & KT Taping Shihan Tatiana Deeff	
8:05 am - 8:55 am	Breakfast	Breakfast	Breakfast	Breakfast
9:00 am - 10:20 am	Session 12	Boxing GM Graciela Casillas		
10:30 am - 11:50 am	Session 13		Irish Stick Figthing Shihan Bob Cook	
11:50 am - 11:59 pm	Session 14	Mat Moving	Mat Moving	Mat Moving
12:00 PM	Silent Auction Closes	Silent Auction Closes	Silent Auction Closes	Silent Auction Closes
12:05 pm - 12:55 pm	Lunch - Closing	Lunch - Closing	Lunch - Closing	Lunch - Closing

Kids+ Class      Adult Class      Open To All